



DOSING CHART

Acetaminophen: Give every four to six hours as needed. Don't exceed five doses in 24 hours.

mL = milliliter tsp = teaspoon		Infants' Oral Suspension	Children's Acetaminophen Oral Suspension	Children's Acetaminophen Meltaway Chewable Tablets (80 mg)	Jr. Acetaminophen Meltaway Chewable Tablets (160 mg)
Acetaminophen	Weight				
	6-11 lbs.	1.25 mL	—	—	—
	12-17 lbs.	2.5 mL	—	—	—
	18-23 lbs.	3.75 mL	—	—	—
	24-35 lbs.	5 mL	5 mL (1 tsp)	2 tablets	—
	36-47 lbs.	—	7.5 mL (1.5 tsp)	3 tablets	—
	48-59 lbs.	—	10 mL (2 tsp)	4 tablets	2 tablets
60-71 lbs.	—	12.5 mL (2.5 tsp)	5 tablets	2.5 tablets	
72-95 lbs.	—	15 mL (3 tsp)	6 tablets	3 tablets	

Ibuprofen: Give every six to eight hours as needed. Don't exceed four doses in 24 hours. Always give with food.

		Infant Drops 50 mg/1.25 mL	Children's Suspension Liquid 100 mg/5 mL	Children's Chewable Tablets 50 mg each	Jr. Strength Chewable Tablets/Motrin Tablets 100 mg each
Ibuprofen	Weight				
	12-17 lbs.	1.25 mL	—	—	—
	18-23 lbs.	1.875 mL	—	—	—
	24-35 lbs.	—	5 mL (1 tsp)	2 tablets	—
	36-47 lbs.	—	7.5 mL (1.5 tsp)	3 tablets	—
	48-59 lbs.	—	10 mL (2 tsp)	4 tablets	2 tablets
	60-71 lbs.	—	12.5 mL (2.5 tsp)	5 tablets	2.5 tablets
72-95 lbs.	—	15 mL (3 tsp)	6 tablets	3 tablets	

*If under 6 months of age, please consult your pediatrician.

PEDCARE
Children's Clinic

Address : 3001 W Illinois Ave Ste # 1A, Midland, TX 79701
432-695-6300

15 MONTH CHECKUP

Date: _____

Weight: _____

Length: _____

Head Circumference: _____

Next Visit: **18 Months of Age**

Toilet Training

- Now is the time to buy a potty to be placed in the bathroom, though he/she probably will not be ready yet.

Nutrition

- Your child will have a sporadic appetite and will skip meals. This is a normal developmental stage and you should not try to force him/her to eat.
- He/she will usually be feeding himself/herself at this age, but he/she should not be offered choking foods such as popcorn, nuts, grapes, raisins, or gum.
- He/she should be weaned completely from the bottle by this time.
- Vitamin supplements are usually not necessary, but give fluoride supplement if you have well water.

Sleep

- Remember to continue a regular bedtime routine, and try your best not to take him/her out of the crib at night.
- He/she should not be offered food or drinks if he/she awakens at night.
- He/she may nap once or twice a day.
- Nightmares may occur.

Development

- Your child may have a 3 to 6 word vocabulary and will be constantly adding words.
- He/she will use jargon and gestures. He/she will indicate wants by pulling, pointing, grunting, or screaming.
- Your baby will scribble with a crayon and can stack one block on another.
- He/she can point to 2 body parts.

Behavior

- Your child will imitate your activities (sweeping and playing with dishes).
- He/she will listen to a story being read.
- He/she may become attached to a particular object and may suck a pacifier or a finger as a self-

comforting behavior.

- Stranger anxiety is very common.

Safety

- Accidents are still very common, especially falls.
- Watch out for burns. He/she may be able to turn on the hot water, so set your water heater to 120°F.
- All electrical outlets should be covered.
- Balloons and plastic bags are choking hazards.
- Never leave your child alone.
- Keep the poison control number near your phone (800) 292-6678.

Discipline

- At this age, your toddler has no idea what "good" or "bad" means nor does he/she understand rules or warnings.
- Discipline is more than punishment; it is also love and affection. Praise your toddler for good behavior and accomplishment.
- Pay special attention when tired, hungry, etc.
- Be prepared for temper tantrums and ignore them. Redirect attention.
- Allow child to make some choices.

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