



DOSING CHART

Acetaminophen: Give every four to six hours as needed. Don't exceed five doses in 24 hours.

| mL = milliliter tsp = teaspoon | | Infants' Oral Suspension | Children's Acetaminophen Oral Suspension | Children's Acetaminophen Meltaway Chewable Tablets (80 mg) | Jr. Acetaminophen Meltaway Chewable Tablets (160 mg) |
|-----------------------------------|------------|--------------------------|--|--|--|
| Acetaminophen | Weight | | | | |
| | 6-11 lbs. | 1.25 mL | — | — | — |
| | 12-17 lbs. | 2.5 mL | — | — | — |
| | 18-23 lbs. | 3.75 mL | — | — | — |
| | 24-35 lbs. | 5 mL | 5 mL (1 tsp) | 2 tablets | — |
| | 36-47 lbs. | — | 7.5 mL (1.5 tsp) | 3 tablets | — |
| | 48-59 lbs. | — | 10 mL (2 tsp) | 4 tablets | 2 tablets |
| 60-71 lbs. | — | 12.5 mL (2.5 tsp) | 5 tablets | 2.5 tablets | |
| 72-95 lbs. | — | 15 mL (3 tsp) | 6 tablets | 3 tablets | |

Ibuprofen: Give every six to eight hours as needed. Don't exceed four doses in 24 hours. Always give with food.

| | | Infant Drops 50 mg/1.25 mL | Children's Suspension Liquid 100 mg/5 mL | Children's Chewable Tablets 50 mg each | Jr. Strength Chewable Tablets/Motrin Tablets 100 mg each |
|------------|------------|----------------------------|--|--|--|
| Ibuprofen | Weight | | | | |
| | 12-17 lbs. | 1.25 mL | — | — | — |
| | 18-23 lbs. | 1.875 mL | — | — | — |
| | 24-35 lbs. | — | 5 mL (1 tsp) | 2 tablets | — |
| | 36-47 lbs. | — | 7.5 mL (1.5 tsp) | 3 tablets | — |
| | 48-59 lbs. | — | 10 mL (2 tsp) | 4 tablets | 2 tablets |
| 60-71 lbs. | — | 12.5 mL (2.5 tsp) | 5 tablets | 2.5 tablets | |
| 72-95 lbs. | — | 15 mL (3 tsp) | 6 tablets | 3 tablets | |

*If under 6 months of age, please consult your pediatrician.

PEDCARE
Children's Clinic

Address : 3001 W Illinois Ave Ste # 1A, Midland, TX 79701

432-695-6300

2 MONTH CHECKUP

Date: _____

Weight: _____

Length: _____

Head Circumference: _____

Next Visit: **4 Months of Age**

Nutrition

- Continue with breastfeeding or formula.
- You will notice that your baby will go longer between feedings.
- Babies who are bottle-fed may take up to 4 ounces or more at this time.
- Do not feed your baby cereal or other solid foods, including baby foods, unless instructed by your physician. Early introduction of solids can lead to allergies, eczema, and asthma.

Sleep

- Sleeping better at night is the rule.
- Remember to continue to place your baby on his/her back while sleeping.

- Try giving your baby the pacifier or patting his/her bottom when he/she wakes at night. Also, try to put your baby to sleep drowsy but still awake.

Development

- Social smiling begins - the infant will smile when you talk to him/her instead of just random smiling.
- Your baby may hold a rattle briefly.

Behavior

- Your baby will tend to cry less at this age and be able to play more on his/her own.

Safety

- Car seats are a must. Remember to place them rear facing in the back seat of the car.
- Don't shake your baby in play or in frustration.
- Watch the water temperature during bath time. Keep your water heater set below 120° F.
- Watch for falls. Your baby can easily roll off the bed at this age.
- Use smoke detectors in the house and check them regularly.

- Remember that smoking around your baby is unhealthy and dangerous.
- Remove guns from the home or keep them unloaded and locked up.

Illness

- If your baby is sick, take a rectal temperature.
- If the rectal temperature is 101°F or higher, call immediately.
- Do not give any medications.

Immunizations

- Please see attached sheets for vaccines given today.
- You may see fever, fussiness, and swelling or redness at the site of the injection.
- You can give Tylenol (see dose chart on back) every 4 hours and use a cool compress if needed.
- For rare reactions (temperature greater than 103°F, fever associated with seizure, a screaming fit, or a limp spell) call your pediatrician.

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