



DOSING CHART

Acetaminophen: Give every four to six hours as needed. Don't exceed five doses in 24 hours.

mL = milliliter tsp = teaspoon		Infants' Oral Suspension	Children's Acetaminophen Oral Suspension	Children's Acetaminophen Meltaway Chewable Tablets (80 mg)	Jr. Acetaminophen Meltaway Chewable Tablets (160 mg)
Acetaminophen	Weight				
	6-11 lbs.	1.25 mL	—	—	—
	12-17 lbs.	2.5 mL	—	—	—
	18-23 lbs.	3.75 mL	—	—	—
	24-35 lbs.	5 mL	5 mL (1 tsp)	2 tablets	—
	36-47 lbs.	—	7.5 mL (1.5 tsp)	3 tablets	—
	48-59 lbs.	—	10 mL (2 tsp)	4 tablets	2 tablets
60-71 lbs.	—	12.5 mL (2.5 tsp)	5 tablets	2.5 tablets	
72-95 lbs.	—	15 mL (3 tsp)	6 tablets	3 tablets	

Ibuprofen: Give every six to eight hours as needed. Don't exceed four doses in 24 hours. Always give with food.

		Infant Drops 50 mg/1.25 mL	Children's Suspension Liquid 100 mg/5 mL	Children's Chewable Tablets 50 mg each	Jr. Strength Chewable Tablets/Motrin Tablets 100 mg each
Ibuprofen	Weight				
	12-17 lbs.	1.25 mL	—	—	—
	18-23 lbs.	1.875 mL	—	—	—
	24-35 lbs.	—	5 mL (1 tsp)	2 tablets	—
	36-47 lbs.	—	7.5 mL (1.5 tsp)	3 tablets	—
	48-59 lbs.	—	10 mL (2 tsp)	4 tablets	2 tablets
	60-71 lbs.	—	12.5 mL (2.5 tsp)	5 tablets	2.5 tablets
72-95 lbs.	—	15 mL (3 tsp)	6 tablets	3 tablets	

*If under 6 months of age, please consult your pediatrician.

PEDICARE
Children's Clinic

Address : 3001 W Illinois Ave Ste # 1A, Midland, TX 79701

432-695-6300

6 MONTH CHECKUP

Date: _____

Weight: _____

Length: _____

Head Circumference: _____

Next Visit: **9 Months of Age**

Behavior

- Your baby may become afraid of strangers and may cling more to family members. Playtime should include looking at picture books, talking, playing pat-a-cake, singing, and counting piggies.

Nutrition

- 1 feeding of cereal, 1 to 2 vegetables, and 1 fruit per day is usually enough, although the amount will vary between infants.
- Avoid foods that may cause choking, such as hard candy, mini-marshmallows, popcorn, pretzels, nuts, seeds, hot dogs, raw carrots, raisins, and whole grapes.
- By this time, most babies will be taking 4 or 5 bottles per day; breast-fed babies will usually be on a fairly regular schedule.
- If you have well water, please notify your physician.

Teething

- If your child is fussy from teething,

you may use Infant Tylenol or Advil/Motrin.

- Many symptoms are falsely blamed on teething (e.g., fever, congestion, diarrhea).
- If your baby has a fever greater than 101°F, this is not due to teething.
- As teeth erupt, clean them with a soft brush or cloth and water.

Safety

- Refer to the Car Seat Safety Handout provided at this visit for further details.
- Please continue to watch for falls, especially since your child may be beginning to roll over now.
- In case your child eats or drinks something that he/she should not, call the Poison Control Center at (800) 292-6678.

Shoes

- These are not necessary until he/she walks, and even then most experts believe barefoot is best.
- Shoes should always be soft and flexible.

Development

- Your baby's growth will slow a little.
- He/she will now begin to roll over both ways.
- Your baby's head control will be better and he/she may sit with a little support.
- Your baby will soon begin to crawl.

If you hold your baby in a standing position, he/she will bear weight on his/her legs.

- Your baby will rake small objects with his/her hands, and will play with his/her feet.
- Your baby will blow bubbles, laugh and squeal. He/she may fake a cough.
- Your baby will reach for objects and will transfer objects from hand to hand.

Immunizations

- Please see attached sheets for vaccines given today.
- You may see low-grade fever, fussiness, and swelling or redness at the site of the injection.
- You can give Tylenol (see dosing chart) every 4 hours or Advil/Motrin every 6 hours as needed. Use a cool compress if needed.
- For rare reactions (temperature greater than 103°F, fever associated with seizure, a screaming fit, or a limp spell), call your pediatrician.

Sleep

- Most children are sleeping through the night.
- Continue to follow a regular routine at bedtime and continue to allow your baby to put himself/herself to sleep.
- Do not put your baby to bed with a bottle.

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